Emotional Identity

State the **overall main Idea of the entire series (This Emotional Life or BBC Identity) and how it can help teens deal with the challenges of facing identity.**

**Give a supporting detail on a factor affecting identity that can help a teen that is a part of the series.**

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**How are you going to use the information in this series about emotional identity?**

**What do you think the main issue most teens struggle with when finding their identity?**